

Syllabus
West Chester University
Department of Psychology
Jasmin-Tahmaseb McConatha

Psychology -- -- -- Cross-Cultural Psychology

Readings:

Required Reading:

Robinson, T.L. (2000). The convergence of race, ethnicity, and gender: Multiple identities in counseling. New Jersey: Merrill/Prentice Hall.

Additional reading will be required:

See the reading list.

Introduction:

Cultural diversity is one of the most important topics in the United States today. Diversity exists not only across cultures but also within cultures. Ethnic and cultural diversity provides a basis for societal enrichment, cohesiveness, and even survival. The field of psychology has an obligation to train students to be sensitive to the ways in which cultural norms and values shape our understanding of ourselves, and the world around us.

Traditional theories of psychology have often failed to adequately consider the importance of race, culture and ethnicity in the developmental process. In contemporary society it has become critical to understand the ways in which history, life experiences, life styles, and world views vary for people of different cultural backgrounds.

Course Objectives:

The focus of this course is to help students gain awareness of the ways in which an individual's sense of self, identity, the ways in which they understand others, as well as their conceptions of mental health and well-being are derived from their world-view and prevailing philosophy of life which is shaped by social and cultural norms and values.

Class Procedures:

Class procedures will vary. In general, each class will include a combination of methods including discussions focusing on analyses of theory and research on diversity issues; lectures which will focus on theory and research in cross-cultural psychology, as well as video's and guest speakers. Students are expected to read all assigned work prior to the day in which the topic will be covered and to come to class prepared to participate in all activities.

Course Requirements and Evaluation:

1) Research Project: Select a topic relating to culture and psychology, which is of interest to you. Suggested topics will be presented in class. Critically analyze the research in this area and write a short (6 to 10 pages), APA style review of the literature. Although you should use multiple resources you must rely primarily on recent journal articles for your references for this project *(100 points)*.

Presentation of research paper: Present a 15minute presentation on the their research topic *(50 points)*.

2) Life History Analysis: Individual life histories are extremely helpful in understanding the ways in which cultural values and norms influence individual development across the life span. Ask a volunteer, not a college student, to discuss their life experiences with you. Focus questions on sources of happiness, concerns, relationships, life satisfaction, and major stresses, important cultural norms and values that have influenced their lives. Write a short summary paper incorporating our readings and class discussions into your summary analysis. *(50 points)*.

Discussion of Life History : Present a 10minute discussion of your analysis and write a brief report on you assessment *(50 points)*.

3) Examinations: There will be two short essay examinations during the semester. Exams will be based on general knowledge of theories and the viability of the application of those theories for individuals from diverse cultural background *(50 points each for a total of 100 points)*.

Please do not miss class. Class participation is very important. If you must miss class please contact the instructor prior to the class period. No work will be accepted late unless you have documentation of your excused absence.

Evaluation:

Research Paper	100 points
Presentation	50 points
Life History Paper	50 points
Life History Discussion	50 points
Exam One	50 points
Exam Two	100 points
Total	300 points

Tentative Class Schedule:

Week 1	Introduction to course and each other, and Imaging Diversity: Chapter 1
Week 2	Valued Cultures: Chapter 2
Week 3	Status and Identities: Chapter 3
Week 4	Converging Race: Chapter 4
Week 5	Converging Gender: Chapter 5
Week 6	Converging Sexual Orientation: Chapter 6
Week 7	Converging Physical Attractiveness, Ability, and Disability: Chapter 7
Week 8	Converging Socioeconomic Class: Chapter 8
Week 9	Images of Diversity in Schools: Chapter 9
Week 10	Images of Diversity in Family Relationships: Chapter 10
Week 11	Images of Diversity in Career Counseling: Chapter 11
Week 12	Images of Cultural Violence and Empowerment: Chapter 12
Week 13	Cultural Competencies: Chapter 13
Week 14	Empowerment: Chapter 14
Week 15	Understanding Diversity: Chapter 15
Finals Week	Final Exam will be take place during the final exam time.

Additional References:

Alison, K.W., Crawford, I., Echemendia, R., Robinson, L., & Kneep, D. (1994). Human diversity and professional competence training in clinical and counseling psychology revisited. American Psychologist, *49*, 792-796.

Atkinson, D. R., & Matsushita, Y. (1991). Japanese-American acculturation, counseling style, counselor ethnicity, and perceived counselor credibility. Journal of Counseling Psychology, *38*, 473-478.

Chandras, K. V., Eddy, J. P., Spaulding, D. J. (1999). Counseling Asian Americans: Implications for training. Education, *120*(2), 239-247.

Coleman, H.I.K. (1996). Portfolio assessment of multicultural counseling competency. The Counseling Psychologist, *24*(2), 216-229.

Daniels, J., D'Andrea, M., Kyung, K., & Soo, B. (1999). Assessing the barriers and changes of cross-cultural supervision: A case study. Counselor Education & Supervision, *38*(3), 191-205.

Ibrahim, F. A. (1991). Contribution of cultural world view to generic counseling and development. Journal of Counseling and Development, *70*, 13-19.

Miller, G. (1998). Triangulated therapy: Cross-cultural counseling. Women & Therapy, *21*(3), 41-48.

Paniagua, F. A. (1996). Cross-cultural guidelines in family therapy practice. Family Journal, *4*(2), 127-139.

Pedersen, P. B. (Ed.). (1991). Multiculturalism as a fourth force in counseling. Journal of Counseling and Development, *70*(1).

Ponterotto, J. G., Rieger, B. P., Barrett, A., & Sparks R. (1994). Assessing multicultural counseling competence: A review of instrumentation. Journal of Counseling and Development, 72, 316-322.

Sandhu, D. S. (1997). Psychocultural profiles of Asian and Pacific Islander Americans: Implications for counseling and psychotherapy. Journal of Multicultural Counseling and Development, 25(1), 7-22.

Sciarra, D. T. (1999). Intrafamilial separations in the immigrant family: Implications for cross-cultural counseling. Journal of Multicultural Counseling & Development, 27(1), 31-42.

Sue, D. W. (1996). Multicultural counseling: Models, methods, and actions. Counseling Psychologist, 24(2), 279-285.

Sue, D. W., Bernier, J. E., Durrant, A., Feinberg, L., Pedersen, P.B., Smith, E. J., & Vasquez-Nuttal, E. (1982). Position paper: Cross-cultural counseling competencies. The Counseling Psychologist, 10, 45-52.

Trevino, J. G. (1996). Worldview and change in cross-cultural counseling. The Counseling Psychologist, 24(2), 198-215.

Additional Readings:

1. **Assessing and Treating Culturally Diverse Clients : A Practical Guide (Multicultural Aspects of Counseling , Vol 4)**
by Freddy A. Paniagua. Paperback (March 1998)
2. **Child and Adolescent Therapy : A Multicultural-Relational Approach**
by Faith H. McClure(Editor), Edward, Ph.d Teyber. Hardcover (November 1997)
3. **Convergence of Race, Ethnicity, and Gender, The: Multiple Identities in Counseling**
by Tracy L. Robinson, Mary F. Howard-Hamilton. Paperback
4. **Counseling American Indians**
by Laurence Armand French. Hardcover
5. **Counseling American Minorities**
by Donald R. Atkinson(Editor), et al. Paperback (July 1997)
6. **Counseling and Psychotherapy: A Multicultural Perspective**
by Allen E. Ivey, et al. Hardcover
7. **Counseling the Culturally Different: Theory and Practice, 3rd Edition**
by Derald Wing Sue, David Sue. Hardcover
8. **Cross-Cultural Practice : Assessment, Treatment, and Training**
by Sharon-Ann Gopaul-McNicol, Janet, PhD Brice-Baker. Hardcover (November 1997)
9. **The First Session With African Americans : A Step by Step Guide**
by Janis Sanchez-Hucles, et al. Hardcover (January 2000)
10. **Images of Me: A Guide to Group Work with African-American Women**
by Sherlon P. Pack-Brown, et al. Hardcover
11. **Integrating Spirituality into Multicultural Counseling (Multicultural Aspects of Counseling Series, V. 13)**
by Mary A. Fukuyama, Todd D. Sevig. Paperback (September 1999)

- Intercultural Therapy**
12. by Jafar Kareem(Editor), Roland Littlewood (Editor). Paperback (January 2000)
- Key Words in Multicultural Interventions : A Dictionary**
13. by Jeffery Scott Mio(Editor), et al. Hardcover (November 1999)
- Multicultural Counseling and Psychotherapy: A Lifespan Perspective**
14. by M. Lee Manning, et al. Paperback
- Multicultural Psychotherapy: An Approach to Individual and Cultural Differences**
15. by Manuel Ramirez III, Manuel Ramirez. Hardcover
- Multiculturalism As a Fourth Force**
16. by Paul Pedersen(Editor). Paperback (November 1998)
- Pathways to Multicultural Counseling Competence : A Developmental Journey**
17. by Bea Wehrly. Paperback (August 1995)
- A Theory of Multicultural Counseling and Therapy**
18. by Derald Wing Sue, et al. Hardcover (March 1996)
- Treating Victims of Torture and Violence : Theoretical, Cross-Cultural, and Clinical Implications**
19. by Peter Elsass, et al. Hardcover (December 1997)
- Using Race and Culture in Counseling and Psychotherapy: Theory and Process**
20. by Janet E. Helms, Donelda A. Cook. Hardcover
- Assessing and Treating Culturally Diverse Clients : A Practical Guide (Multicultural Aspects of Counseling, Vol 4)**
21. by Freddy A. Paniagua. Hardcover (March 1998)
- Assessing and Treating Culturally Diverse Clients : A Practical Guide (Multicultural Aspects of Counseling, Vol 4)**
22. by Freddy A. Paniagua. Hardcover (September 1994)
- Consciousness-Raising : A Primer for Multicultural Counseling**
23. by Woodrow M. Parker. Hardcover (May 1988)

24. **Consciousness-Raising : A Primer for Multicultural Counseling**
by Woodrow M. Parker. Paperback (February 1998)
25. **Counseling and Development in a Multicultural Society**
by John A. Axelson. Hardcover (March 1993)
26. **Counseling and Development in a Multicultural Society**
by John A. Axelson. Hardcover (June 1998)
27. **Counseling and Psychotherapy : A Multicultural Perspective**
by Allen E. Ivey, et al. Hardcover (February 1993)
28. **Counseling Cross Cultures**
by Paul B. Pedersen(Editor), et al. Paperback (December 1995)
29. **Counseling Multiracial Families (Multicultural Aspects of Counseling Series, V. 12)**
by Bea Wehrly, et al. Hardcover (September 2000)
30. **Counseling Multiracial Families (Multicultural Aspects of Counseling Series, Vol 12)**
by Bea Wehrly, et al. Hardcover (July 1999)
31. **Counseling the Culturally Different : Theory and Practice**
by Derald Wing Sue, et al. Paperback (September 1990)
32. **Cross-Cultural Counseling : The Arab-Palestinian Case**
by Marwan Dwairy. Paperback (March 1998)
33. **Cross-Cultural Counseling : The Arab-Palestinian Case (Advances in Psychology and Mental Health)**
by Marwan Dwairy. Hardcover (April 1998)
34. **Culture-Centered Counseling and Interviewing Skills**
by Paul B. Pedersen, Allen Ivey. Hardcover (November 1993)
35. **Culture-Centered Counseling Interventions : Striving for Accuracy**
by Paul B. Pedersen. Hardcover (April 1997)
36. **Culture-Centered Counseling Interventions : Striving for Accuracy**
by Paul B. Petersen, Paul Pedersen. Paperback (March 1997)

37. **Expressive Processes in Group Counseling**
by Nina W. Brown. Hardcover (June 1996)
38. **A Handbook for Developing Multicultural Awareness**
by Paul Pedersen. Paperback (January 1994)
39. **Handbook of Multicultural Counseling**
by Joseph G. Ponterotto. Hardcover (June 1995)
40. **Hidden Messages in Culture-Centered Counseling : A Triad Training Model**
by Paul Pedersen. Hardcover (December 1999)
41. **Hidden Messages in Culture-Centered Counseling : A Triad Training Model**
by Paul Pedersen. Paperback (December 1999)
42. **Integrating Spirituality into Multicultural Counseling (Multicultural Aspects of Counseling Series, Vol 13)**
by Mary A. Fukuyama, Todd D. Sevig. Hardcover (September 1999)
43. **Intercultural Counselling and Assessment : Global Perspectives**
by Ronald J. Samuda, Aaron Wolfgang (Editor). Hardcover (June 1985)
44. **An Introduction to Multicultural Counseling**
by Wanda M. L. Lee. Hardcover (June 1999)
45. **An Introduction to Multicultural Counseling**
by Wanda M. L. Lee. Paperback (April 1999)
46. **Multicultural Counseling Competencies : Assessment, Education and Training, and Supervision (Multicultural Aspects of Counseling Series, Vol 11)**
by Donald B. Pope-Davis(Editor), Hardin L. K. Coleman (Editor). Paperback (June 1997)
47. **Multicultural Counseling Competencies : Assessment, Education and Training, and Supervision (Multicultural Aspects of Counseling Series, Vol 7)**
by Donald B. Pope-Davis, Hardin L. K. Coleman (Editor). Hardcover (November 1996)

- Multicultural Counseling Competencies : Individual and Organizational Development (Multicultural Aspects of Counseling Series , Vol 11)**
48. by Derald Wing Sue, et al. Paperback (March 1998)
- Multicultural Counseling Competencies : Individual and Organizational Development (Multicultural Aspects of Counseling, Vol 11)**
49. by Derald Wing Sue(Editor), et al. Hardcover (March 1998)
- Multicultural Issues in Counseling : New Approaches to Diversity**
50. by Courtland C. Lee, Bernard L. Richardson (Editor). Paperback (January 1991)